

CONTRACEPTIVE PANEL DISCUSSION

OBJECTIVES

1. Discuss the evidence that suggests that CHC use may be related to female sexual dysfunction.
2. Verbalize the importance of full disclosure of potential positive and negative effects of CHCs with pts who may be choosing between various contraceptive methods.

Disclosures: Speaker/consultant for Shionogi, Sprout, Semprae,
Neogyn, Novonordisk

SOME FOOD FOR THOUGHT...from your moderator

- Dennerstein et al 2007
 - **Prior function and relationship factors** : more important than hormonal determinants of sexual function in women going through the menopause transition
- Graham et al. 2006:
 - Overall no evidence that reduction in FT while on CHCs affected enjoyment of sexual activity with partner.
 - Some women maybe more sensitive to changes in T than others
 - There was no association with lowered mood.
- Davis et al (2005)
 - Large scale community based study that showed **no association between the presence of sexual problems and low testosterone**

Food for thought

- Alexander et al –
 - Confirms CHC users had lower FT and TT than non users...(but increased sexual activity in CHC group)
 - Greco et al:
 - *** Women using low dose CHCs =lower FT (yet sexual interest scores did not change)
 - Loeches et al:
 - no difference in sexual desire among users of CHCs and IUD users
- IF NOT all women with low androgens have low desire..? who will be affected.-
- WHAT IS A SEX MED SPECIALIST TO SAY???