Highlights from Sexual Medicine: Open Access

Tami S Rowen, MD MS FACOG

Assistant Professor UCSF Dept ObGyn&RS

Associate Editor, Sexual Medicine: Open access

Commercial Disclosures

Husband is Genomic Health: Employee

Lilly: Consultant

2015: A banner year for ISSM publications

- Sexual Medicine: Open Access
 - SCIE indexing with impact factor in early 2016
 - ISSM supported publication fee reduction
 - Transition to a new leadership team under Kwangsung Park

Highlights from Sexual Medicine: Open Access

- 4 issues published in 2015
 - 6 Original articles in March 2015
 - 8 Original articles in June 2015
 - 8 Original articles in September 2015
 - 12 Original articles, 5 Case reports, 1 Review in December 2015
- Survey of literature transferred to SMOA in 2015
 - Leadership by Ege Can Serefoglu
 - Majority of Survey editors are junior researchers and clinicians

Ozaki et al Sex Med 2015 3(4):295-301

- 276 Japanese women who wrote to Toho University support website
- METHODS:
 - Main Outcome Measure:
 - Self-reported sexual concerns
 - Dependent Variables
 - Age
 - Marital status
 - Children

Ozaki et al Sex Med 2015

• RESULTS:

- 85% of subjects were age 20-39 (range teens to 50+)
 - Sexual Aversion was reported by 42%
 - Associated with younger age and having children
 - Pain during sex was reported by 16%
 - Associated with not having children
 - Low Sexual Desire was reported by 11%
 - Associated with having children
 - Partner Sexual issues were reported by 19%
 - Low Desire in 45% of these
 - ED in 27% of these
 - More common in married women and those without children

Schweitzer et al Sex Med 2015;4:235-243

- 195 heterosexual female Australian university students (mean age 26 years)
- Main Outcome Measure:
 - Post-Coital Dysphoria (PCD) Questionnaire
- Dependent Variables:
 - FSFI
 - Experiences in Close Relationships survey (Assessment of Anxiety and Avoidance)
 - Differentiation of Self Inventory-Revised

Schweitzer et al Sex Med 2015;4:235-243

• RESULTS:

- 46% reported lifetime occurrence of PCD with 5% reporting with past 4 weeks
- 2% reported PCD symptoms "always" or "most of the time"
- Weak negative correlation between lifetime PCD and FSFI-total (r=-0.16)
- Lifetime PCD was associated with
 - psychological distress
 - History of sexual abuse
 - Higher attachment avoidance and anxiety
 - Lower levels of differentiation (emotional reactivity, balancing intimacy versus autonomy)

Carpenter et al Sex Med 3;7-13

- 93 women (mean age 55 years, 80% postmenopausal, 60% college educated)
- Main Outcome Measure:
 - Question 1 of FSDS-R ""How often do you feel distressed about your sex life?" (30 day recall)
- Dependent Variables:
 - Demographics
 - FSFI
 - Full FSDS-R
 - Menopausal Quality of Life Scale

Carpenter et al Sex Med 3;7-13

• RESULTS:

- Strong correlations between all scales/items
- FSDS #1 revealed:
 - Strongest correlation with overall FSDS-R score
 - Greatest discrimination between women with "high" or "low" concerns about sex based on MENQOL
 - Significant negative association between FSDS-R Question 1:
 - FSFI Total (r=-0.38)
 - FSFI-Desire (r=-0.37)
 - FSFI-Satisfaction (r=-0.40)

Flynn et al Sex Med 2015: 3(4) 251-255

- Methods
 - Retrospective review of patients at single institution
 - Participants underwent surgical correction of clitoral phimosis or lysis of adhesions 2/2 LS
 - Authors developed 8 question survey to determine patient satisfaction

Flynn et al Sex Med 2015: 3(4) 251-255

- Results
 - 28 women contacted (48 eligible)
 - Mean 44.6 months since surgery
 - 84% satisfied/very satisfied
 - 75% improved clitoral sensitivity
 - 29.4% normal orgasm, 47.1% Improved orgasm
 - 31% no pain, 54% improved but not normal

- Conclusions
 - There is a role for clitoral surgery in LS, with high satisfaction rates

Christian et al Sexual Medicine 2015 3(4):321-330

Methods

- Internet survey of both men and women
- Instrument was Wilson Sexual Fantasy Questionnaire
- Participants asked to evaluate the presence and intensity of 55 SF
- "Normophilic" (e.g., genital stimulation with a consenting human partner)
- "Paraphilic" (e.g., voyeurism, sadomasochism, fetishism, transvestism) themes
- Intensity of interest for each SF given rating scale ranging from 0 to

Christian et al Sexual Medicine 2015 3(4):321-330

Results

- 799 women
- 6% homosexual
- 12%biselxual
- Most intense normophilic SF (oral sex) rated with same intensity by men and women
- Women clusters had highest preference for "being dominated"
- Half of paraphilic clusters were women
- Calls into question the definition of "paraphilia"

"preferred activity highly atypical for individuals who preferred sexually mature people"

Conclusions

 Sexual Medicine is an increasingly important contributor to the field

 Submissions and publications increasingly diverse in topic and scope

We welcome your contributions!!!